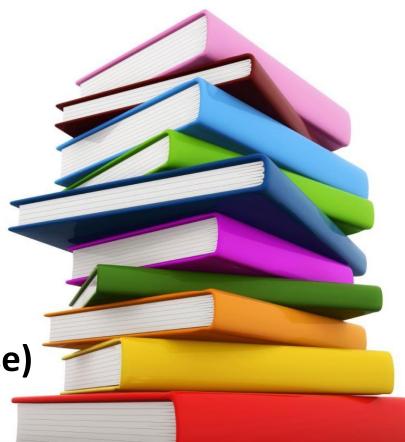
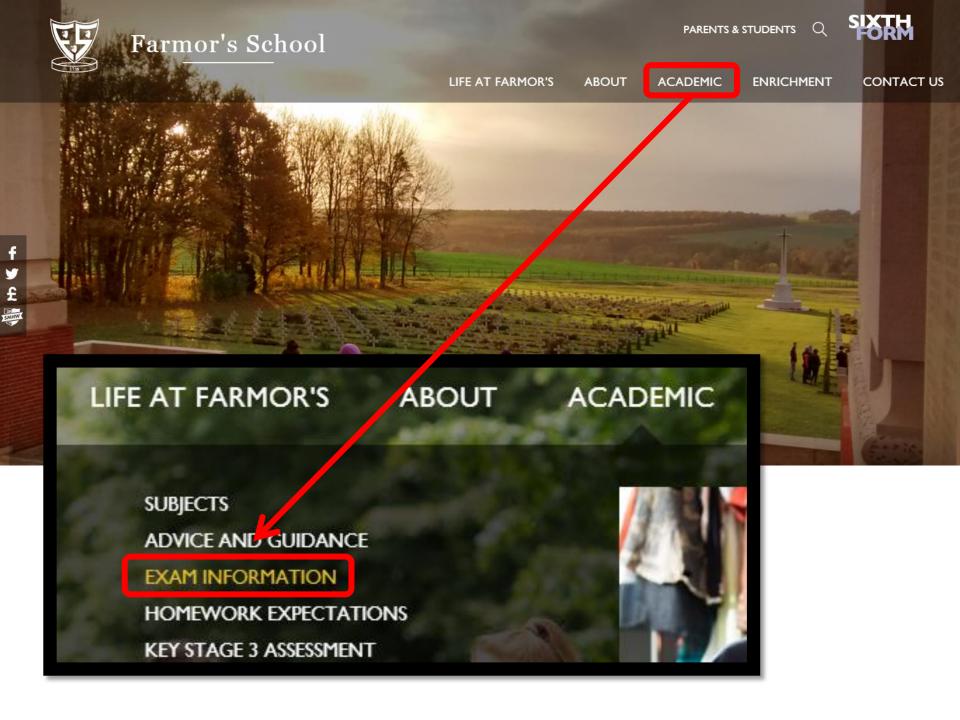
Year 11 Revision Evening

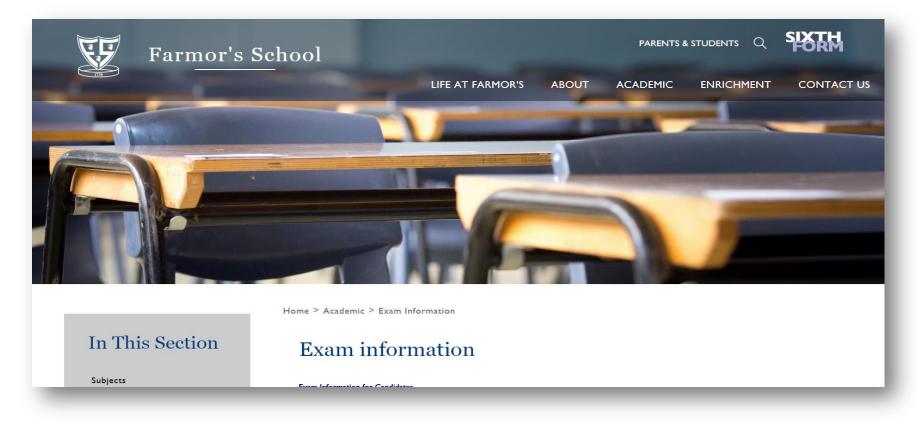
Steve Shaw (Deputy Head)

Will Spurway (Head Boy)

Charlotte Pearce (Head of House)





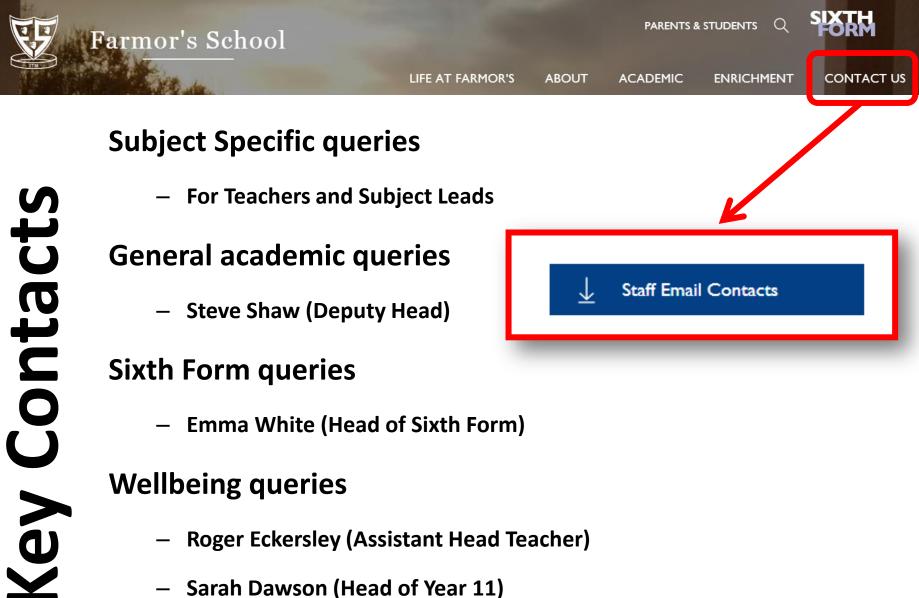


Examination Timetables (date order and subject order)

Specifications and Exam Boards

Candidate and Parent guides

Exam Team contacts



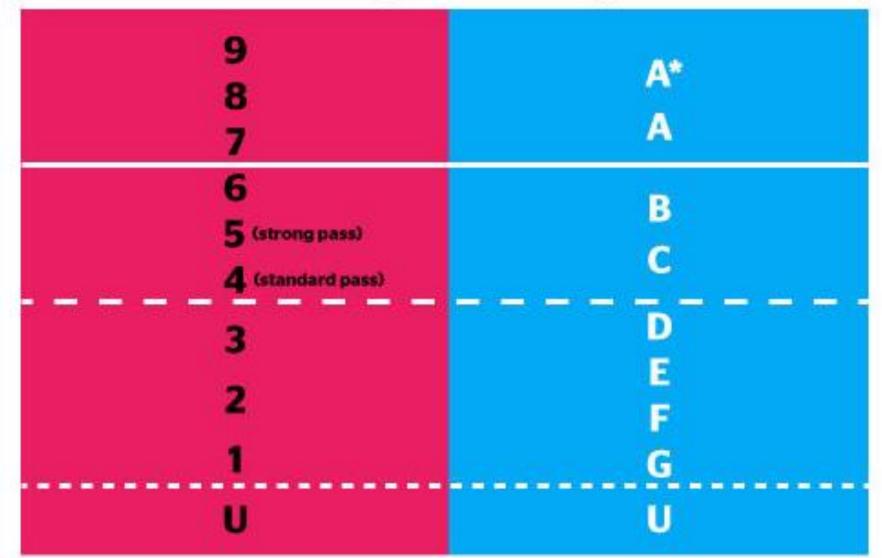
Wellbeing queries

- **Roger Eckersley (Assistant Head Teacher)**
- Sarah Dawson (Head of Year 11)

Examinations

Rachael Mundy

New GCSE grades explained



Business, D&T, Media and Sociology





Mix up your revision

Stop rereading and highlighting







Practise retrieving the information

Will advice/ tips/ approach

Charlotte advice/ tips/ approach

"Revision time can wreak havoc in a family housestress levels are high, coffee mugs accumulate, and anxious parents grow ever more watchful."

- Stock up on snacks (healthy ones!)
- Offer tea breaks
- Be patient (don't nag)... expect stress
- Offer help with short quizzes
- Offer to listen to topics being talked through
- Eat well... sleep well
- Exercise... encourage breaks
- 80/20 rule
- Magic 10 (2 hours per night for 5 days)
- Remember, most of the groundwork is done in school

Fipd

Remove Distractions



🔏 Cold Turkey		
1. Block What	e anan	ng it is the first step
Sites	Enograma	Quatom
	Hotmail / MSN AddictingGames CollegeHumor Ebay	Reddi
2 THUMAAN Dee Time	(D)) Monday , Maich	
3 Areyousu	Don't be assess select a	
Help a	ne update ny Facebook st	
	Go Cold Turke	<u>yi</u>

Hate distractions?

Cold Turkey will temporarily block you off of social media sites, games, programs and any other addicting websites.

Imagine how fast you could do your work without all those distractions!

Best of all, you choose the price!

Bring it on!

I'm sceptical...



Created by young people, for young people

'For Me' was created by 4 teenagers who realised there was an urgent need for young people to have easy access to confidential advice and support.

When Childline first launched over 30 years ago all contact was over the phone, with many calls being made from telephone boxes. How children and young people contact us now is dramatically different:

- 71% of counselling sessions are delivered online via email and 1-2-1 chat
- Last year, 1.8 million sessions on the Childline website were conducted via mobile devices.



Remember, it will all be over by the 19th June

101 days

