



# Faringdon Rugby Club

## Summer Fitness Sessions (FREE)

Fitness, Rugby Skills and Non Contact Drills  
Stay active over the summer and try rugby!

ALL WELCOME  
NEW AND CURRENT  
PLAYERS

Years 6, 7 and 8  
BOYS

Every Wednesday -  
29th May to the end of August.

Faringdon Rugby Club, Folly Park  
at 6.30pm until 7.30pm.

Bring trainers, water and lots of  
energy!!



@wearesilverbacks



facebook.com/faringdonrugby



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