

## **Duke of Edinburgh's Award – Training**

**Team Building & Author Activities** 

	Outdoor Activit
Time	Activity
9:00 - 09:15	Introductions, The Award, today's program and split into teams of 7
09:15 - 10:45	All Teams:  • Route Planning – complete route cards for Qualifying Expedition
10:45 - 11:00	Break
11:00 - 12:00	Teams 1, 2, 3, 4  • Tent Pitching & Campcraft  Teams 5, 6, 7, 8  • Trangia's, Food & Menu Planning  Teams 9, 10, 11, 12  • Equipment, Rucksacks & Countryside Code  Teams 13, 14, 15
	First Aid, Emergency Procedures & Expedition Goals
12:00 - 13:00	Teams 1, 2, 3, 4  • First Aid, Emergency Procedures & Expedition Goals Teams 5, 6, 7, 8
	<ul> <li>Tent Pitching &amp; Campcraft</li> <li>Teams 9, 10, 11, 12</li> <li>Trangia's, Food &amp; Menu Planning</li> <li>Teams 13, 14, 15</li> <li>Equipment, Rucksacks &amp; Countryside Code</li> </ul>
13:00 - 13:30	Lunch
13:30 - 14:30	Teams 1, 2, 3, 4  • Equipment, Rucksacks & Countryside Code  Teams 5, 6, 7, 8  • First Aid, Emergency Procedures & Expedition Goals  Teams 9, 10, 11, 12  • Tent Pitching & Campcraft  Teams 13, 14, 15
	Trangia's, Food & Menu Planning
14:30 - 15:30	<ul> <li>Teams 1, 2, 3, 4</li> <li>Trangia's, Food &amp; Menu Planning</li> <li>Teams 5, 6, 7, 8</li> <li>Equipment, Rucksacks &amp; Countryside Code</li> <li>Teams 9, 10, 11, 12</li> <li>First Aid, Emergency Procedures &amp; Expedition Goals</li> <li>Teams 13, 14, 15</li> <li>Tent Pitching &amp; Campcraft</li> </ul>
15:30 - 15:45	Questions, brief for Practice Expedition and depart
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