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## **CHANGES TO COVID RESTRICTIONS**

Dear parents and carers

I am writing to let you know about further changes to Covid-19 guidance for schools, announced during the half term break.

There were two key changes announced:

## 1. Changes to isolation rules

As you will have heard, the *legal* requirement to self-isolate with Covid-19 has been lifted. However, it is still recommended that those with Covid-19 or with symptoms isolate in line with the timescales previously in place.

For schools, this means that there is **no change** to the guidance around isolation. Students should continue to isolate if they develop symptoms or test positive. The isolation period is up to 10 days, but students may return to school from as early as day 6 **if they have two negative lateral flow test results 24 hours apart.** 

In short, we are carrying on as before.

## 2. Asymptomatic testing

Schools have been told to stop issuing lateral flow tests to students and that we should no longer ask that students test twice weekly. Lateral flow tests are still available at pharmacies and other outlets.

Individuals should continue to take a PCR test if they are symptomatic. Students must not come to school whilst awaiting the result of a PCR test.

These arrangements are subject to change if we case levels rise significantly.

Yours sincerely

Matthew Evans Headteacher

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