



September 2025

Dear Parents/Guardians

Food & Nutrition lessons KS3

We are pleased to let you know that years 8 and 9 will be studying Food & Nutrition for the whole year again this year.

Each group will have one lesson a fortnight, and we are aiming to include as much practical work as possible. There will be homework in between classes which will largely be theory to back up our lesson work, and preparation for the next lesson.

We are extremely grateful for the effort you go to to provide ingredients for your child, and to make it a little easier we would like to be able to provide them with things like oil, seasonings, herbs, spices, ingredients used in small quantities, unusual things you may not already have, and consumables such as cling film and baking paper in school. We also provide foil trays for certain dishes to ensure students have a suitable container.

To make this possible we are asking for a voluntary contribution of £5 per child to help cover the costs of these items. We hope you find this easier and more economical than having to purchase these items yourself. The payment will be set up on ParentPay for your convenience.

We are mindful that some people may struggle to provide ingredients for practical lessons. I draw your attention to the following [link](#) where you are able to apply for financial assistance via the 11-16 Bursary Fund if required. We are very keen to have all children cooking and do not want this to be a barrier to taking part.

We would like to thank you for your support with this subject and hope you enjoy the dishes which are sent home!

Yours faithfully,

Angie Cadwallader
Head of Vocational Education