

Parent & Carer Support Groups

Are you worried about your child's well-being?

Parenting is rewarding yet challenging, especially when concerns arise. You are not alone.



Who: Tailored for Gloucestershire parents & carers of ages 11-18

When: Weekly sessions for 6 weeks, 1.5 hours each. Choose daytime or evening

Where: Cheltenham, Gloucester, Tewkesbury, Stroud, Forest of Dean or online via Teams

**BOOK!
NOW!**

June - July 2024

DATE	DAY	TIME	LOCATION
04 June - 09 July	Tuesday	10:30am - 12pm	Stroud
05 June - 10 July	Wednesday	7pm - 8.30pm	Cheltenham
06 June - 11 July	Thursday	7pm - 8.30pm	Teams

TIC+ run **FREE Support Groups** that meet face-to-face or virtually via Teams

Discover strategies to nurture resilience, guided by trained facilitators.

Share experiences, learn and grow in a safe space.

Visit the Parent Support pages on our website www.ticplus.org.uk or scan the QR code

