Parent Bulletin Week Commencing 17th October - Week A



COVID vaccines: how to access first or second doses for children aged 5-17

It isn't too late for children to access a first or second COVID vaccination if they haven't already completed their course. A third dose or additional booster is available for anyone aged 12-17 who is severely immunocompromised or household contact of someone immunocompromised (Pfizer – at least 3 months after previous dose). Use the national booking system to get an appointment at a community pharmacy or the JabVan at Gloucestershire Royal Hospital (www.nhs.uk/covidvaccination or call 119), or look out for drop-in clinics on the local COVID information portal.

Please make sure to carefully check eligibility before taking your child to a drop-in clinic; depending on their age they may only have specific vaccines which will not always be available at every clinic.

More information about the COVID vaccines for children and young people is available <u>here</u>. Caroline Halford Head of School Aged Immunisations Gloucestershire Health and Care NHS Foundation Trust

Notices:

- All Years: End of term Thursday 20th October at 3.25pm.
- All Years: Three vacancies for Science Technician, Teaching Assistant and Clerk to the Governing Board Committees https://www.eteach.com/schools/farmor-s-school-12556
- All Years: A number of students are turning up to lessons without the correct equipment, this disrupts the start of the lesson whilst equipment is found for them. Please ensure your child has a pen, pencil, ruler, rubber and calculator for each school day.

World Mental Health Day:

This week we have been talking to all year groups about Mental Health. World Mental Health Day falls on the 10th October every year and creates an opportunity to revisit this important topic. This year's theme is "*Make mental health and wellbeing for all a global priority*'. In order to affect change on this scale, we need to start with ourselves first. Students have been prompted to think about aspects of their lives that could be healthier (both physically and mentally). Not only will this make a difference to them, but it also means that they will be available for others who might be in need of a friend. And if it all feels too much, then do check out all the support out there, as listed on the Mental Health Z Card (see letters link below). This is a Gloucestershire publication, but a lot of the agencies/charities are national and will apply to families living in Swindon, Wiltshire and Oxfordshire too.

Letters to parents: Here

- Mental health services for children and young people in Gloucestershire
- All Years: Online Safety Newsletter.
- Year 7: Parents On- line safety presentation.
- Year 8: Chelsea's Story