

## Silver DofE Expedition Overview

### Practice Expedition 11<sup>th</sup> to 13<sup>th</sup> April 2025

<u>Start Location – 11<sup>th</sup> April</u>	<u>Finish Location – 13<sup>th</sup> April</u>
Fish Hill Picnic Area Broadway, WR12 7LD What3Words ///folders.sometimes.storybook	Fish Hill Picnic Area Broadway, WR12 7LD What3Words ///folders.sometimes.storybook
Arrival Time: Team 1-4 @ 09:30am Teams 5-7 @ 10:00	Collection between 2pm-4pm (Pending their pace and efficiency) Students will be asked to phone ahead of arrival

#### **Campsite**

**Both Nights:** Hayles Fruit Farm, Winchcombe, Cheltenham, GL54 5PB  
What3Words ///fetches.forwarded.hexes

### Qualifying Expedition 13<sup>th</sup> to 15<sup>th</sup> June 2025

<u>Start Location – 13<sup>th</sup> June</u>	<u>Finish Location – 15<sup>th</sup> June</u>
Castle Dell Car Park 33 Bridge St., Chepstow NP16 5GA What3Words ///surprises.fighters.working	Goodrich CE Primary School, Goodrich, Ross-on-why, HR9 6HY What3Words: ///burden.complain.skylights
Arrival Time: Teams 1 - 4 @ 09:30am Teams 5 - 7 @ 10:00am	Collection between 2pm-4pm (Pending their pace and efficiency) Students will be asked to phone ahead of arrival

#### **Campsite**

**13<sup>th</sup> June:** Botany Bay, Gwent Scouts Training & Activity Centre, Trelleck Road, Chepstow, NP16 6SN  
What3Words ///meanest.gong.essays

**14<sup>th</sup> June:** Biblins Youth Campsite, Ross-on-Wye, HR9 6DX -What3Words ///last.store.plotter

#### **Mobile Phones & Contacting the Safety Supervisor**

During the Expedition, the participants will be **unaccompanied in their teams**. We allow them to carry **mobile phones**, but we ask them to not use them and keep them switched off, in the sealed dry bag provided at the start of the expedition. Students will be trained, that in the unlikely event of an incident they can access their phones to contact the safety supervisor of the expedition. We advise them **not** to contact anybody else during the expedition/incidents, as this can create hysteria and clog up phone lines which may be required for incident management.

*If you do not bring all equipment, i.e., Waterproofs, drinking water, etc, then we may not allow you to complete your Expedition due to safety issues.*

## Top Tips for your DofE Expedition

### Equipment

1. Your rucksack size should be between 55 and 75 litres.
2. Make sure your boots are waterproof and fit before arriving for the expedition.
3. Bring the appropriate clothing for the weather (Woolly hat or sun hat?)
4. Bring alternative footwear for the campsite (You will **NOT** be allowed to walk around camp bare foot or in socks!)
5. You need to be able to carry 2 litres of water in bottles or a hydration pouch

### Food

1. Plan and cook your meals as a team.
2. Remove any excess packaging from your food before you leave home.
3. Avoid glass jars as these are heavy to carry.
4. Don't bring fresh meats or items which would usually be kept in a fridge.
5. Bring some washing up equipment within your team.

### Packing your rucksack

1. Waterproof everything using plastic bags, bin bags etc.
2. Ensure you have space in your bag for Team Equipment (Tent, Cooker etc.) which you will be given at the start.
3. Everything, other than a sleeping mat **MUST** go inside your rucksack.
4. Pack items such as sleeping bag and spare clothes at the bottom of your rucksack as you will not need these until you get to camp.
5. Remember! Waterproof everything using plastic bags, bin bags etc.